

## Journal Pre-proofs

Challenges in benchmarking whole-life GHG emissions from renovation cases: evidence from 23 real-life cases

Regitze Kjær Zimmermann, Freja Nygaard Rasmussen, Harpa Birgisdóttir

PII: S0378-7788(23)00869-1

DOI: <https://doi.org/10.1016/j.enbuild.2023.113639>

Reference: ENB 113639

To appear in: *Energy & Buildings*

Received Date: 6 July 2023

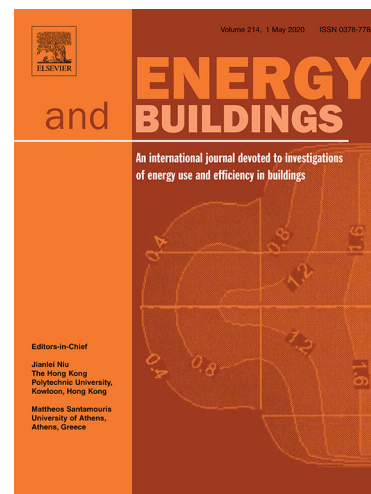
Revised Date: 11 October 2023

Accepted Date: 12 October 2023

Please cite this article as: R. Kjær Zimmermann, F. Nygaard Rasmussen, H. Birgisdóttir, Challenges in benchmarking whole-life GHG emissions from renovation cases: evidence from 23 real-life cases, *Energy & Buildings* (2023), doi: <https://doi.org/10.1016/j.enbuild.2023.113639>

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2023 Published by Elsevier B.V.



1 **Challenges in benchmarking whole-life GHG emissions from**  
2 **renovation cases: evidence from 23 real-life cases**

3 **Regitze Kjær Zimmermann<sup>1</sup>** (corresponding author: [rkz@build.aau.dk](mailto:rkz@build.aau.dk)),

4 **Freja Nygaard Rasmussen<sup>2</sup>**

5 **Harpa Birgisdóttir<sup>1</sup>**

6 <sup>1</sup> Department of the Built Environment, Aalborg University, A.C. Meyers Vænge 15, Copenhagen, Denmark

7 <sup>2</sup> Department of Civil and Environmental Engineering, Norwegian University of Science and Technology,  
8 Høgskoleringen 1, Trondheim, Norway

9

10 **ABSTRACT**

11 While political initiatives focus on energy efficiency to reduce greenhouse gas emissions (GHGe), there is  
12 currently a lack of knowledge about GHGe from energy-efficiency measures versus other renovation measures.  
13 Recognizing the multitude of purposes and functions in play within real-life renovations is central to the  
14 ongoing development in benchmarking and regulating the life-cycle GHGe of building projects, to ultimately  
15 limit emissions from the growing number of renovation projects. This study therefore investigates lifecycle-  
16 based GHGe from the multitude of changed functions in 23 real-life cases of renovation and considers how  
17 the results contribute to discussions on benchmarking renovation projects. The results show that, from a  
18 lifecycle perspective, energy efficiency actions in renovation produced operational savings of around 50%  
19 from 13.5 kg CO<sub>2</sub>-eq/m<sup>2</sup>/year to 7.0 kg CO<sub>2</sub>-eq/m<sup>2</sup>/year on average, indicating the significance of reducing the  
20 energy demand of buildings. The material-related, embodied GHGe contributed to an average of 2.8 kg CO<sub>2</sub>-  
21 eq/m<sup>2</sup>/year in the 23 renovation cases. A remarkable 54% of these lifecycle-embodied impacts from the  
22 renovation cases are associated with other functions than energy efficiency, such as spatial adjustments,  
23 changes in interior layout, or the construction of balconies. The results contribute to discussions of three  
24 benchmarking approaches suggested in literature. First, single benchmarks for the whole building. This  
25 approach does not encompass the large variation in impacts and functions that are showcased in the renovation  
26 cases. Second, benchmarks on a smaller scale, such as building elements. This approach can be explored  
27 further, and the study provides pointers to the significance of different elements. Finally, benchmarks based  
28 on GHGe “savings” from energy reductions. The approach only considers one function and not the significance  
29 of the multitude of other functions added in renovation projects.

30

31

32 **KEYWORDS**

33 renovation; lifecycle assessment (LCA); building energy use; building assessment method; refurbishment;  
34 benchmarking; circular economy (CE)

35

36 **1 INTRODUCTION**

37 In Europe buildings contribute to 40% of final energy consumption and account for almost the same share of  
38 energy-related greenhouse gas emissions (GHGe) [1]. For that reason, initiatives such as the “renovation wave”  
39 in Europe have been developed with the goal of reducing the operational energy use of existing buildings [2].  
40 The renovation follows the circular economy principles by 2030, resulting in 35 million buildings being  
41 renovated by this time. Thus, the revised Energy Performance of Buildings Directive (EPBD) includes  
42 initiatives to reduce the energy needs of existing buildings [1]. The initiative is related to the European “green  
43 deal” and the European climate law, which aims to achieve a climate-neutral EU by 2050 [3,4].

44 However, optimizing the energy performance of existing buildings will entail additional embodied  
45 emissions, thereby reducing the remaining global carbon budget outlined by the IPCC. These embodied  
46 emissions are related to the manufacture, transport, replacement, etc. of the materials added in renovation  
47 projects. The revised EPBD suggests including whole-life carbon declarations from new constructions and  
48 renovations, thus considering both embodied and operational emissions over the building’s life-cycle [1].  
49 Whole-life carbon is typically determined through the standardized life-cycle assessment (LCA), which is  
50 commonly used to assess the environmental impacts of buildings [5]. A growing number of scientific  
51 publications have been focusing on the LCA of building renovations, usually with a focus on improving their

52 energy performance [6,7]. In case studies where LCA is carried out, the improved energy performance  
53 typically results in net environmental and GHGe savings over the building's life-cycle [7–11]. These GHGe  
54 savings have shown to be possible for a variety of existing types of energy performance and building [12]. The  
55 most significant GHGe savings have been found by improving the thermal insulation level of the building  
56 envelope [13]. To optimize the performance of insulation, the material types and thickness of insulation in  
57 renovation has been studied in the existing literature [14–17]. Furthermore, upgrades of the heating system  
58 have shown significant savings [19, 20]. A change in the heating system can significantly influence the  
59 operational impacts, and thus the overall performance of the renovation project [16, 19, 20]. Several other  
60 research studies have investigated the life-cycle efficacy of GHGe reductions in large-scale roll-outs of  
61 building stock renovations on the urban [20–22], national [24, 25] and European scales [25–27]. These stock-  
62 based studies typically investigate the technical options for improving the energy efficiency of the building  
63 stocks under investigation.

64 However, an important limitation on the transferability of these studies into real life is that building  
65 renovations are typically characterized by a multitude of additional criteria and desired functions aside from  
66 the technical focus on energy performance [29, 30]. For instance they may be related to accessibility, spatial  
67 organization, or aspects of comfort other than thermal comfort [28,30]. Previous studies have indicated the  
68 significance of these emissions. For example, the contribution from fitting out offices has been shown to  
69 contribute 12-15% of the initial embodied impacts [31], and in a larger renovation case study, Hasik et al. [32]  
70 found that finishes contributed to 40% of GHGe, mostly from new access floors inside the building. However,  
71 the lack of knowledge about the life-cycle impacts of energy-efficiency measures versus measures for these  
72 other functions in real-life renovations constitutes a research gap for informed decision- and policy-making.

73 In parallel to the increased focus on renovations, ongoing policy development deals with performance  
74 evaluations and the benchmarking of buildings. Benchmarking whole-life carbon for new construction and  
75 renovation is recommended as a way to achieve net zero emissions [33]. Lifecycle-based GHGe have already  
76 become a part of building regulation in countries such as Denmark, France, Sweden and Finland, where some  
77 countries use benchmarks as minimum requirements in regulation [34]. Benchmarks can be based on either a  
78 bottom-up approach from, for instance, statistically derived data from selected buildings, or follow a top-down  
79 approach based on, for example, political targets [35]. Benchmarks related to renovation are less frequent than  
80 in new construction and have been defined as both a value equal to new construction, and a different lower  
81 value [36]. For renovation projects, it has also been suggested that benchmarks be used for building elements  
82 instead of whole building projects, and to make the benchmarks based on the relation between the project's  
83 embodied emissions and operational savings [37].

84

### 85 1.1 Aim of study

86 Benchmarking renovation can be complicated due to the different renovation actions and the functional  
87 qualities of renovation projects. While the focus in most policy initiatives is on energy-efficiency actions, the  
88 nature of adapting existing buildings is not solely related to energy efficiency, but also to, for example,  
89 structure, interior design, occupant comfort etc. [30]. However, little is known about the actual impacts from  
90 a larger number of renovation cases, and what emissions are related to energy reduction and other added  
91 functions. Therefore, the aim of this study is to investigate the lifecycle-based GHGe from the multitude of  
92 renovation actions in a larger sample of real-life cases of renovation, using the Danish context as an example.  
93 Specifically, this study investigates:

- 94 1. What is the contribution of life-cycle embodied and operational GHGe in real-life cases of  
95 renovation?

- 96 2. How much of the life-cycle embodied GHGe is caused by renovation actions specifically to reduce  
97 operational energy consumption in real-life renovations? And which building elements are of  
98 greater significance?
- 99 3. How do the insights from the cases contribute to discussions about different types of life-cycle  
100 GHGe benchmarks?

101

102

## 103 2 METHODS

104 This study of the GHGe of different renovation actions is based on 23 real-life cases in Denmark. The  
105 renovation actions are categorized into different provided functions, resulting in a unique overview of which  
106 functions the renovation actions contribute to and the lifecycle GHGe associated with providing these  
107 functions.

108

### 109 2.1 Renovation cases

110 For the study, 23 cases of renovation have been collected with the purpose of showcasing the variation in  
111 GHG emissions of real-life renovation cases. The selection of cases is random, which therefore avoids  
112 systematic biases [38]. However, due to their sources, the cases represent a renovation subgroup of mainly  
113 larger renovations. The cases originate from three different sources: the sustainable certification scheme used  
114 in the Danish construction industry “DGNB” [39], cases collected from social housing projects, and other  
115 larger renovation projects that have been collected. Out of 23 cases, 21 of them are considered major  
116 renovations based on the building directive that defines major renovation as a change in more than 25% of  
117 the surface of the building envelope [1]. This is because certification is typically only done on large  
118 renovation cases.

119

120 The cases represent a variation of building types and types of intervention in renovations, which are  
121 described in Table 1. They vary from complete conversions of the function of the building to only smaller  
122 energy-reduction actions. Details of the renovation actions are listed in Table 1. The cases consist of fifteen  
123 residential buildings, four offices, and one each in the categories of culture, hotel, hospital and institution.

124

125

126

Table 1: Description of renovation cases

Code	Building type	Decade of original construction	Gross floor area [m <sup>2</sup> ] (span)	Conversion*	Description
C1	Cultural house	1970	1,000-5,000	Conversion of production building into cultural building for sports, music etc.	Change of interior layout. Insulation of part of the ground floor slab and roof. Replacing and adding windows.
O1	Office	1960	0-200	Conversion of production building into office	Change of interior layout. Insulation of ground floor slab, roof, and external walls. Adding new windows. Adding new building services for heating and water.
O2	Office	1960	5,000-10,000	Conversion of education building into offices and retail	Change of interior layout. Insulating roof and some external walls, replacing and adding new windows. Outside terrace. New building services for heating and cooling.
O3	Office	1950	10,000-20,000	Conversion of a post office into offices and sport facilities	Change of interior layout. New facade, and insulation of roof. New roof terrace. New building services for water and ventilation.
O4	Office	1970	10,000-20,000	Conversion of production building into hotel	Change of interior layout. Adding new floor area and terrace on the roof. Insulation of external walls and roof. Adding new windows.
H1	Hotel	1880/1960	10,000-20,000	Conversion of production building into hotel	Adding floor area and terrace on top of the existing building. New interior layout. Insulation of roof. Replacing and adding windows. Structural support of the building. Replacing and adding building services for water, heating, and ventilation.
Hos1	Hospital	1980	5,000-10,000	Conversion of production building into hotel	Change of interior layout. new roof, and new double-skin facade. Adding windows. Replacing building services for heating and ventilation.
I1	Institution	1910	1,000-5,000	Conversion of an education building into childcare facilities	Change of interior layout. Insulation of external walls and roofs, new ground floor slab, and replacement of windows. Adding roof terrace. Painting after sanitation. Replacing and adding building services for water, heating, and ventilation.
R1	Residential, single family	1960	0-200	Conversion of production building into hotel	Change of interior layout. Replacing and adding building services for water, heating, and ventilation.
R2	Residential, single family	1990	1,000-5,000	Conversion of production building into hotel	Some changes in interior layout. Replacing and adding building services for water, heating, and ventilation.
R3	Residential, terraced houses	1960	200-1,000	Conversion of production building into hotel	Some changes in interior layout. Replacing and adding building services for water, heating, and ventilation.
R4	Residential, terraced houses	1970	200-1,000	Conversion of production building into hotel	Reducing the building area on the 1. floor. Combining apartments and changing layout. New balcony. Insulation of exterior walls and roof, and replacement of windows. New pergola outside. Replacing and adding building services for water, heating, and ventilation.
R5	Residential, terraced houses	1970	1,000-5,000	Conversion of production building into hotel	Changing layout in some apartments. Insulation of external walls, and replacements of windows. Replacements of balconies. Replacing roofing material. Replacing and adding building services for heating and ventilation.
R6	Residential, terraced houses	1980	200-1,000	Conversion of production building into hotel	Changing some internal layout and modernization including fire sections. Replacing and adding building services for water, heating, and ventilation.
R7	Residential, terraced houses	2000	10,000-20,000	Conversion of production building into hotel	Change of interior layout. new balconies, and replacement of windows. Replacing building services for water, heating, and ventilation.
R8	Residential, terraced houses	1940	1,000-5,000	Conversion of production building into hotel	Changing layout in some apartments, replacing balconies, insulation of end walls, and new windows. Replacing building services for heating and ventilation.
R9	Residential, terraced houses	1990	1,000-5,000	Conversion of production building into hotel	Combining and changing sizes of apartments. Expansion of some balconies. Insulation of roof and external walls, New windows. New building services for heating and ventilation.
R10	Residential, multifamily	1972	>20,000**	Conversion of production building into hotel	Insulating external walls and roof and ceilings facing unheated area. New windows. Expansion of balconies. Increase acoustics in slabs. New open facade at staircases.
R11	Residential, multifamily	1950	5,000-10,000	Conversion of production building into hotel	Change of layout in some apartments. Insulation of external walls, and new windows. New balconies. Adding some building services for heating, and ventilation.
R12	Residential, multifamily	1940	1,000-5,000	Conversion of production building into hotel	Combining apartments, insulating external walls and roof, and new windows. Replacing and adding building services for water, heating, and ventilation.
R13	Residential, multifamily	1930	200-1,000	Conversion of production building into hotel	Adding penthouses with balconies on top of the existing building. The renovation only considered the penthouses.
R14	Residential, multifamily	1900	1,000-5,000	Conversion of production building into hotel	Change of interior layout. Replacing and adding windows to improve daylight. Adding PV panels.
R15	Residential, multifamily	1890	1,000-5,000	Conversion of production building into hotel	Adding floor area on top and on one facade to expand existing apartments and improve daylight. Change of interior layout. New windows. Improving acoustics in floor slabs. Adding balconies.

\* Changing the function of the building. Based on the definition in [31].

\*\* Consists of several stand-alone buildings



128

129

## 130 2.2 LCA procedure

131 The LCA has been performed in compliance with the standards for LCA on buildings, EN 15978 [5].  
132 Impacts from new materials are included in the assessment, following the burden-free approach for existing  
133 materials [40]. The lifecycles stages included are production (A1-3), replacements (B4), and waste-  
134 processing and disposal (C3 and C4). Emissions from replacements are based on the service lives of  
135 buildings [41], with a reference study period of fifty years. The assessment is focused on the impact category  
136 of “global warming potential” due to political awareness.

137 Results are shown in the same unit, as is standard in climate declarations for new constructions and current  
138 practice for renovation projects [42] nationally. This is done to showcase the results in the conditions in  
139 which they are currently being evaluated and compared. The unit is “kg CO<sub>2</sub>-eq/m<sup>2</sup>/year” with reference to  
140 the fifty-year reference study period. The area used is the gross floor area for embodied impacts and the  
141 heated gross floor area for operational impacts. For cases where the area is added or removed during  
142 renovation, the area after renovation is used, in compliance with current practice.

143

### 144 2.2.1 Inventory for cases

145 The data reported by the data provider has been used for the building inventory such as drawings and  
146 descriptions or final inventories. The building parts included in the inventory consist of foundations, the  
147 ground floor slab, external walls, roofs, windows and doors, internal walls, floor decks, stairs and ramps,  
148 columns and beams, balconies and building services (water, ventilation, heating and cooling). This scope is  
149 respected across all the building cases, ensuring consistent comparison.

150 The operational energy used is made up of the energy-demand calculations from the buildings from heating,  
151 cooling, ventilation and hot water following the Danish building regulations [43]. The energy demand for  
152 lighting is also included in all other buildings than residential ones. The energy demand after renovation has  
153 been available for fifteen of the 23 cases, whereas the energy demand before renovation has been available  
154 for seven cases. The energy demand is calculated based on the heated floor area after renovation. For the  
155 seven cases with data on energy demand before renovation, the same floor area was used.

156

### 157 2.2.2 Environmental data and calculation tool

158 For the calculations, the Danish national tool for LCA on buildings, “LCAbyg”, is used [44–47]. LCAbyg  
159 uses environmental data that is considered representative of Denmark. It consists of generic data from the  
160 German *Ökobaudat* database [48], and some environmental product declarations (EPDs). Additional EPDs  
161 for specific products have been added in each case. All data follow EN15804 [49]. Emissions from the  
162 Danish national energy system are used for the operational energy emissions [50], data that includes the  
163 projected decarbonization of the energy system based on political targets at the time they were created.

164

## 165 2.3 Categorizing functions in renovation

166 A renovation project can add new functions or provide improvements to existing functions, such as  
167 improving the thermal insulation properties of the building to reduce energy use. Though energy reduction

168 can be a large focus in renovation cases, new materials are also installed to provide other functions than  
 169 energy efficiency. The categorization can therefore be used to show whether there are significant emissions  
 170 from other functions than energy reduction in real-life renovation cases. The trends found in the Danish cases  
 171 will likely be similar in many other settings where buildings require upgrades in functionality.

172 Table 2 lists the functions used in this study to categorize the emissions from the different renovation actions  
 173 in the different cases. The list is based on functional demands from the Danish building code [43].  
 174 Additionally, the list also includes the functions *spatial* and *balcony*. The first is added to show the emissions  
 175 from increasing or reducing the building floor area, while the latter is added to show emissions from adding  
 176 balconies, as this was included in several of the cases.

177

178

179 **Table 2.** List of functions added in the renovation.

Renovation function	Description
Spatial	Components that are added to increase or reduce the floor area of the building.
Layout	Components that are added or changed due to changes in the interior layout. Includes new floor and ceilings even if this could be due to the end of service life, for aesthetic reasons etc.
Energy reduction	When a component in the building envelope is replaced or insulated or, e.g., ventilation systems are replaced to reduce energy use and the hot water tank is also replaced.
Indoor climate	E.g. introducing mechanical ventilation or floor heating, if this was not there before.
Fire	Components added or changed to comply with the building code on fire safety.
Structural	Components added or changed to comply with the building code on load-bearing structures.
Contamination	Components added or changed, with the main focus being to remove contaminated materials.
Acoustics	Components added or changed, with the main focus being to increase the building's acoustic properties.
Daylight	Components added or changed in relation to daylight, e.g. increasing façade openings to enhance daylight.
Outside areas	Components added or changed outside the building.
Elevators	Components added or changed when an elevator is added where there were none before.



---

Balconies                      Components added or changed when a balcony is added where there was none before.

---

Local energy production      Energy production on site, such as PV panels.

---

Replacements and repairs      Replacements or repairs with no significant added or improved function, such as replacing water and waste piping.

---

180

181 Table 3 shows which cases are related to the different provided functions. The table shows that most cases  
 182 change the interior layout and include actions to reduce energy use. Five cases include an extension, and one  
 183 case removed some building area, which are all categorized in the *spatial* function. The *indoor climate*  
 184 function includes emissions from ventilation and floor-heating systems that have been implemented. This  
 185 applies to several of the residential buildings where implementing ventilation is part of the renovation, as  
 186 well as to buildings that are converted to a different use. Terraces and balconies are added to the *balcony*  
 187 function, which is added in eleven of the projects.

188

189 **Table 3.** Categorization of the renovation cases.

Code	Spatial	Layout	Energy reduction	Indoor climate	Fire	Structural	Contamination	Acoustics	Daylight	Outside areas	Elevators	Balconies	Local energy production	Replacements and repairs
C1		X	X						X		X			
O1		X	X	X					X					
O2		X	X						X	X				X
O3		X	X					X			X	X		X
O4	X	X	X						X		X	X		
H1	X	X	X	X		X			X		X			X
Hos1		X	X						X					X
I1		X	X	X			X					X		

Code	Spatial	Layout	Energy reduction	Indoor climate	Fire	Structural	Contamination	Acoustics	Daylight	Outside areas	Elevators	Balconies	Local energy production	Replacements and repairs
R1		X	X	X										X
R2		X	X											X
R3		X	X	X		X								X
R4	X	X	X	X						X		X		X
R5		X	X	X										X
R6		X	X	X	X									X
R7		X	X					X			X	X		X
R8		X	X								X	X		
R9		X	X	X							X	X		X
R10			X					X	X			X		X
R11		X	X	X							X	X		X
R12		X	X	X							X			X
R13	X											X		
R14		X	X						X		X		X	X
R15	X	X	X					X	X			X		

190

191 The functions from renovation actions will in some cases overlap. For instance, *fire* and *acoustics* are  
192 considered in many building products that are added in renovation, though the categories have not been used  
193 much in this study. This is because the categorization only considers the primary function of the renovation

194 action based on what the purpose of the renovation action was. This is determined based on the available  
195 knowledge of the project. Considering acoustic ceilings, they will often be categorized with the *layout* function  
196 because the ceilings are changed together with other interior elements as part of the change in layout.  
197 Furthermore, while windows are associated with daylight, the majority of new windows have not been  
198 categorized in *daylight*, but rather in the *energy reduction* category, because they contribute to significant  
199 energy reductions. The *daylight* category is only used when daylight is added by making new openings in the  
200 building where there were none before. Building services have been categorized into several different  
201 categories, such as *indoor climate*, when ventilation and floor heating are introduced, although this also has an  
202 influence on the building's energy use. Building services are categorized in the *spatial* category when they are  
203 related to building extensions.

204

### 205 3 RESULTS

206 The results section shows GHGe from the 23 renovation cases with a focus on the contribution from *energy*  
207 *reduction* versus other functions provided in the building. This information is crucial to understand the nature  
208 of real-life renovation projects and how they can be benchmarked to limit emissions.

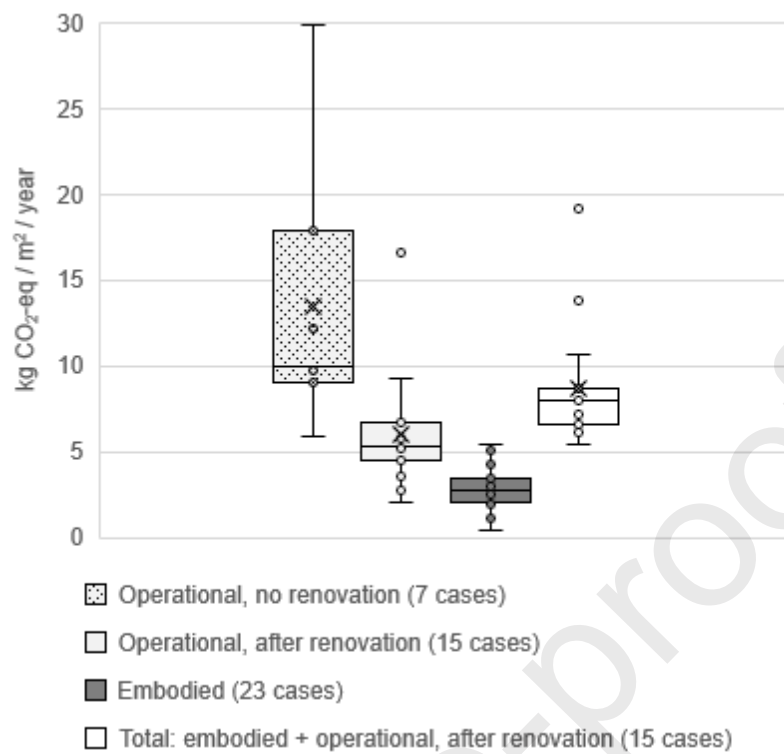
#### 209 3.1 Embodied and operational impacts

210 The GHGe from renovation projects are shown in Figure 1, with the table at the bottom showing the data  
211 going into the graph. The contributions from operational energy use are shown both before (“no renovation”)  
212 and after renovation. “No renovation” considers a scenario where the building is not renovated, thus the energy  
213 demand of the existing building is considered over the RSP. In the seven cases for which data was available  
214 both before and after renovation, a potential impact savings can be considered. The average values for these  
215 cases are 13.5 kg CO<sub>2</sub>-eq/m<sup>2</sup>/year and 7.0 kg CO<sub>2</sub>-eq/m<sup>2</sup>/year before and after renovation. The savings in GHGe  
216 for operational energy use are thus approximately 50%, but for the individual projects, savings are between  
217 20% and 65%.

218 Figure 1 shows a large variation in the operational emissions. This reflects the variation of the energy  
219 performance of the buildings both before and after renovation. Furthermore, in some cases there is also a  
220 difference in the thermal energy technology. For heating, most cases are supplied by district heating, the  
221 incineration of waste and biomass in combined heat and power plants being large contributors to district  
222 heating in Denmark [51]. However, for cases I1 and R1, the heating is supplied solely by natural gas, which  
223 has significantly higher emissions per kWh.

224 Embodied emissions over the lifecycle of the renovation are shown in Figure 1 for all 23 cases. The  
225 embodied emissions also vary but have an average value of 2.8 kg CO<sub>2</sub>-eq/m<sup>2</sup>/year, which is lower than the  
226 operational emissions and savings. The reason for the variance in embodied emissions will be investigated in  
227 the next section.

228 The average total emissions, from operational and embodied emissions after renovation, are 8.7 kg CO<sub>2</sub>-  
229 eq/m<sup>2</sup>/year, though emissions range from 5.4 to 19.1 kg CO<sub>2</sub>-eq/m<sup>2</sup>/year over a fifty-year reference study  
230 period.



231

	C1	O1	O2	O3	O4	H1	Hos1	I1	R1	R2	R3	R4	R5	R6	R7	R8	R9	R10	R11	R12	R13	R14	R15	
☒				9.9					29.9	17.9			9.0	5.9				9.7		12.1				
☐			5.3	3.6			5.2	9.2	16.5		6.8		5.8	4.7	4.5	6.7	4.5	6.2		5.5	2.0	2.7		
■	2.0	5.4	1.2	2.5	1.1	2.8	3.0	4.6	2.6	0.4	3.9	4.2	2.4	2.0	2.0	1.3	2.7	2.2	3.0	3.1	5.1	2.7	3.5	
☐			6.6	6.1			8.2	13.8	19.1		10.6		8.2	6.7	6.5	8.0	7.2	8.4		8.7	7.1	5.4		

232

233 **Figure 1.** Embodied and operational GHGe for the renovation cases over fifty years. The figure also shows  
 234 the operational emissions over fifty years if the building had not been renovated (“no renovation”). The boxplot  
 235 shows the median and mean values, upper and lower quartiles, minimum and maximum, and all data points in  
 236 the dataset. The table shows the datasets that are included in the plot.

237

### 238 3.2 Embodied impacts from provided functions

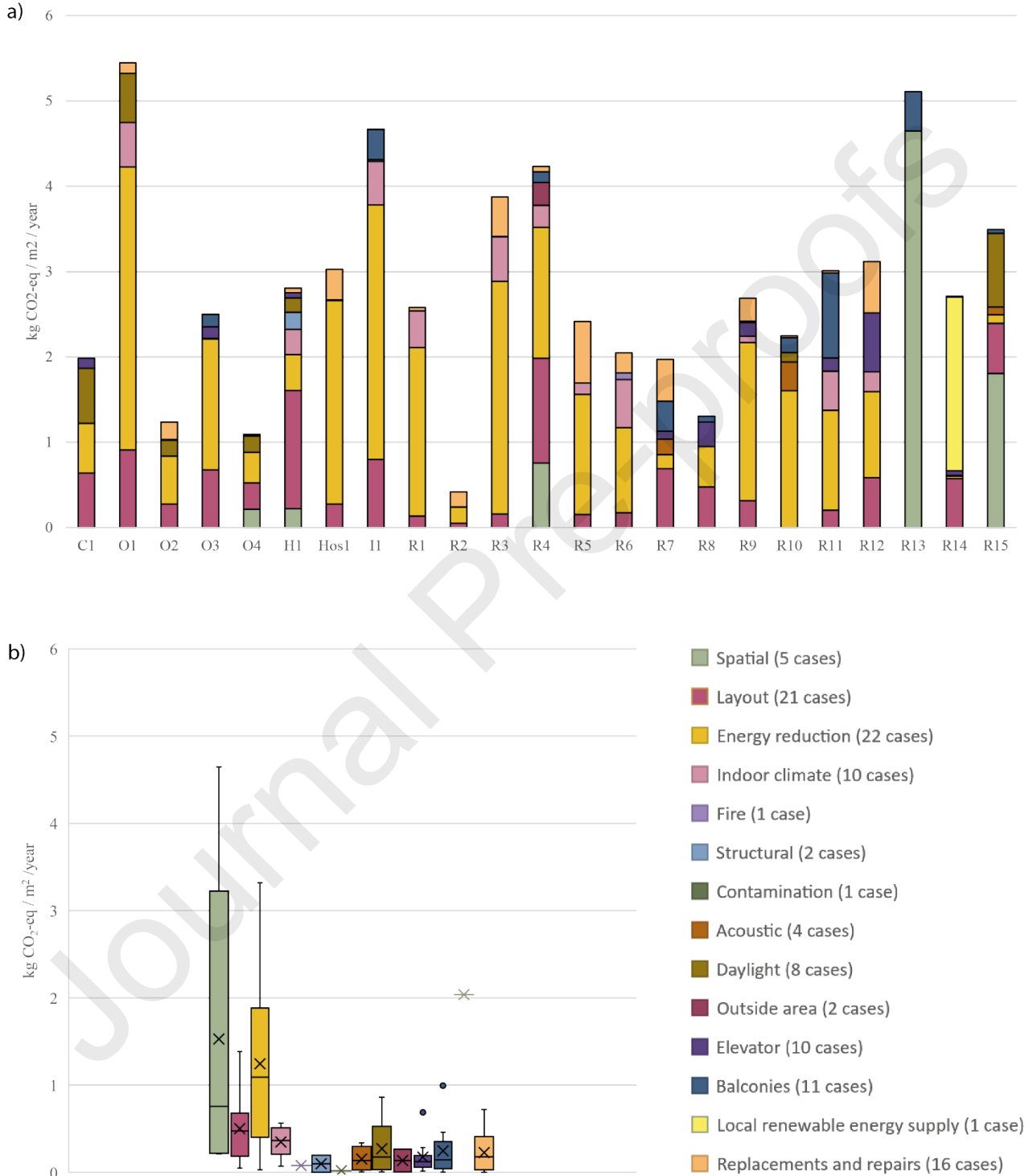
239 To understand the variation in embodied impacts introduced in section 3.1, this section investigates the  
 240 source of emissions, in terms of the functions provided to the building from the renovation actions. This is  
 241 presented in Figure 2 for the case buildings. The figure illustrates which embodied impacts come from  
 242 *energy reduction* actions and which are due to other added functions.

243

244 Figure 2a shows that the median and average emissions are highest for the functions *spatial*, *layout* and  
 245 *energy reduction*. However, *spatial* only appears in five of the 23 cases, whereas *layout* and *energy reduction*  
 246 appear in almost all cases (21 and 22 cases, respectively). Therefore, considering the emissions across all  
 247 cases, *spatial* only contributes 8%, on average, whereas *energy reduction* contributes 43% (46% including  
 248 PV panels) followed by 18% from *layout*. Other function categories that appear with high frequency and  
 249 substantial emissions are *indoor climate*, *daylight*, *elevator*, *balconies* and *replacements or repairs*. *Local*

250 *renewable energy supply* (in this case PV panels) only appears in one case but has a significant influence on  
 251 emissions.

252



253

254 **Figure 2.** a) Embodied emissions from cases of renovation divided into contributions from functions. b) Variance of  
 255 function in embodied emissions described through a boxplot that shows the median and mean values, upper and lower  
 256 quartiles, minimum and maximum, and outliers in the dataset.

257

258 Though *energy reduction* contributes the largest emissions on average, Figure 2a shows that some of the  
259 cases mainly have emissions from other functions. This relates to cases where conversion of the interior  
260 building function results in higher emissions from *layout* (H1, R7), or in cases where a completely new area  
261 has been added to the existing structure, thus having higher emissions from the *spatial* category (R13, R15).  
262 The renovation actions in R14 are mainly related to a change in layout, but PV panels are also added, which  
263 have a significant influence on embodied emissions.

264

265 The five cases behind the most profound embodied emissions ( $>3.5$  kg CO<sub>2</sub>-eq/m<sup>2</sup>/year) are cases O1, I1, R3,  
266 R4 and R13. However, these cases have different building typologies and functions: three of the five  
267 buildings have converted the building's use, for instance, from production to office space. Therefore, most  
268 emissions go to the *spatial* category, as a dwelling area has been added, e.g. by constructing an entirely new  
269 roof (R13). The remaining two cases (R3 and R4) are residential buildings renovated for energy and interior  
270 layout.

271

272 The cases with lowest embodied emissions ( $<1.5$  kg CO<sub>2</sub>-eq/m<sup>2</sup>/year) are cases O2, O4, R2, and R8. These  
273 cases had limited interventions in the building envelope, for instance, due to architectural considerations  
274 (O2), acceptable existing energy-use conditions (O4) or minor scope in general for the renovation.

275

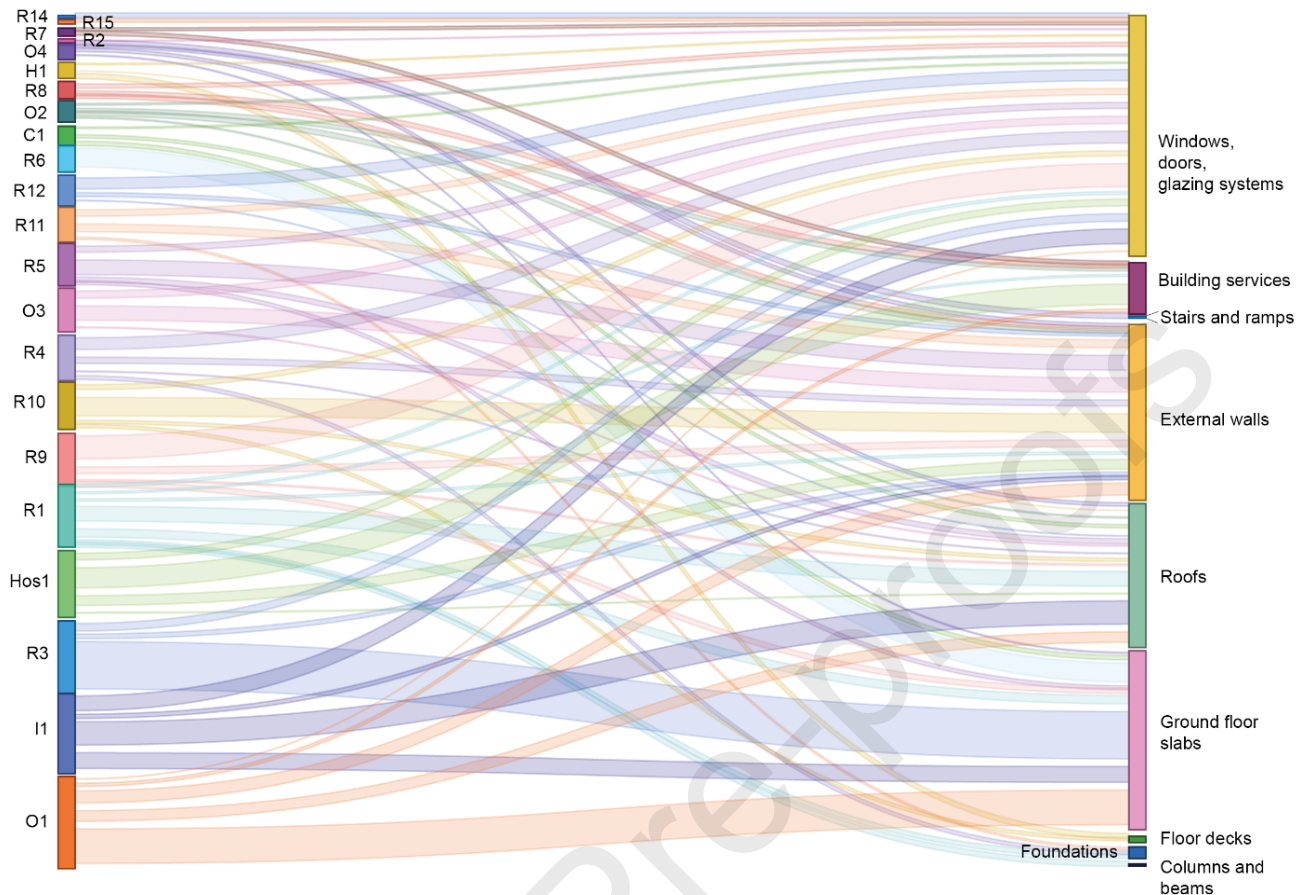
### 276 3.3 Energy reduction measures: building element level

277 To provide more insights into embodied GHGe from renovation measures, this section investigates the  
278 emissions on the building-element level.

279

280 Section 3.2 showed that the category of *energy reductions* is the main contributor to the embodied emissions,  
281 with 43% on average between the cases. Figure 3 shows the contributions from *energy reduction* to the  
282 renovation cases and the building elements these emissions are attributed to. The figure shows that  
283 “windows, doors and glazing systems” contribute to almost a third of the total emissions, with contributions  
284 from most of the cases (20 out of 23 cases), and emissions mainly derived from replacing windows. Only  
285 nine cases have emissions from the ground-floor slab, though these renovation actions were more emissions-  
286 intense per case. This is because insulating the ground-floor slab typically requires the entire element to be  
287 replaced, thus contributing high emissions from new concrete and rigid insulation materials. Significant  
288 overall emissions also come from external walls and roofs, where emissions primarily come from a change in  
289 the existing element. This typically comes from adding insulation and associated materials such as cladding.





290

291 **Figure 3.** Embodied GHGe related to energy-reduction measures from cases and building elements.

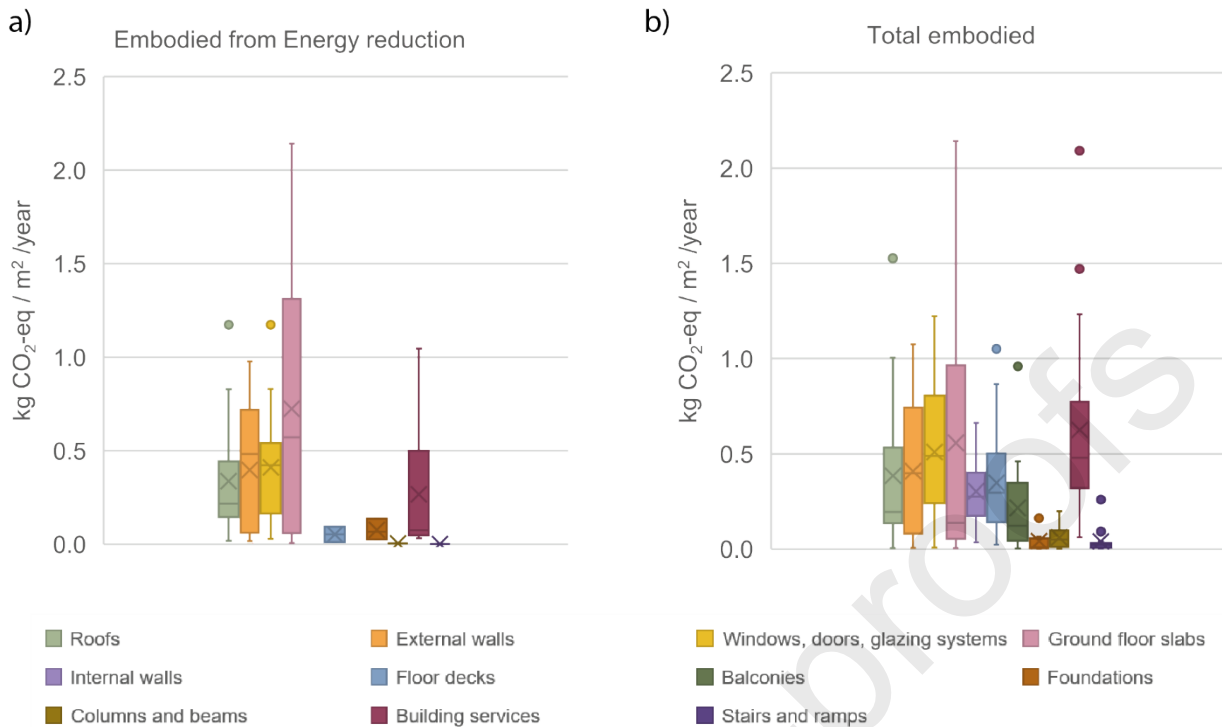
292

293 Figure 4 shows the difference between building element's GHGe from *energy reduction* measures (4a) and  
 294 emissions from all renovation measures (4b). The boxplots show that average emissions from windows,  
 295 ground-floor slabs, roofs and external walls are similar between the two plots, meaning that the vast majority  
 296 of emissions from these elements are associated with the function of *energy reduction*. Most significant for  
 297 these elements is the change in average value for ground-floor slabs between the plots. In Figure 4b the  
 298 average emissions are lower, which is related to less emission-intense renovation actions such as new  
 299 flooring etc., associated with other functions such as *layout*.

300

301 For other building elements such as internal walls, floor decks, balconies and building services, the  
 302 emissions are related to other renovation measures than *energy reduction*. For instance, building services  
 303 have a significant influence, their emissions being ascribed to several different function categories, such as  
 304 *energy reduction, elevators, indoor climate, spatial, replacement and repair and local renewable energy*.

305



306

307 **Figure 4.** Embodied GHG emissions from building elements for a) energy reduction measures and b) all  
 308 renovation measures.

309

#### 310 4 DISCUSSION

311 The results show how renovation projects contribute to a multitude of new functions in renovation and which  
 312 building elements contributed to largest emissions. This is important information for future policy-making,  
 313 given if, and how, the different functions and elements can be evaluated in the assessment of GHGe. Though  
 314 the cases in this study do not represent all types of renovation, the emissions related to different functions  
 315 and elements provide insights into the possible hotspots which can be addressed in future design and  
 316 legislation. For instance, the results from these real-life cases show that, if legislation focuses solely on  
 317 energy reduction actions, then a significant part of embodied emissions in renovations will be unaccounted  
 318 for.

319

320 Furthermore, the results showed that energy-reduction actions resulted in net savings, given both the  
 321 embodied and operational impacts given large operational savings, which is consistent with findings in the  
 322 existing literature [8, 52]. However, the results from this study also showed that renovation activities for  
 323 energy reductions contribute a significant part of the total embodied emissions. A multitude of existing  
 324 literature shows that savings in embodied emissions are possible by considering material choices and design  
 325 in energy-reduction actions [17, 54–58]. Together, the results of this study and the findings of previous  
 326 studies point to the necessity of considering emissions from energy renovations in future policy-making.

327

#### 328 4.1 Operational emissions and savings

329 The results also showed that operational energy emissions had a significant impact on the renovation  
330 projects' GHGe savings and future emissions. Emissions from operational energy can vary a lot depending  
331 on different factors, such as local climate conditions, energy sources and assumptions for future scenarios.  
332 For instance, the results showed significantly larger emissions from the buildings supplied with natural gas  
333 for heating than the buildings using district heating. Energy technologies are largely dependent on national  
334 energy strategies, which are expected to decarbonize GHGe for operational energy in Europe in the coming  
335 years [2]. Savings in GHGe from operational energy in renovation projects ~~will~~may therefore become less  
336 significant in future renovation projects, while embodied emissions gain much more in importance.

337 However, overarching scenarios for future energy mixes and uses are complex and inherently uncertain, for  
338 instance depending on global temperature rises and the energy demand responses to this, e.g. increased use  
339 of cooling systems. The systemic background changes are rarely addressed in LCA modelling, although  
340 recent research initiatives, such as 'premise' [57] have facilitated the coupling between global-scale  
341 integrated assessment models and LCA modelling.

342 Furthermore, it is important to consider the temporal differences between upfront embodied emissions and  
343 operational energy reductions, where emissions happen over the building's service life [58]. Reducing  
344 upfront emissions is important in order to stay within our carbon budget and keep temperature rises well  
345 below two degrees Celsius, as stated in the Paris Agreement [59]. ~~This incentivizes the need to reduce~~  
346 ~~upfront embodied emissions in renovation projects.~~

347 For future policy-making, it is therefore relevant to consider the uncertainties and take into account the  
348 temporal aspects of the operational impacts of renovation projects.

#### 349 4.2 Considerations for benchmarks

350 The results of this study showed large variations in emissions in renovation projects due to differences in  
351 renovation actions. The differences were visible, even though 21 of 23 cases are considered a major  
352 renovation, following the definition based on changes in the building envelope in the EPBD [1]. This is  
353 caused by differences in the existing condition of the building and the plans for its future use. Consequently,  
354 different functions are provided within the projects.

355

356 Benchmark values for renovation have been suggested in the form of a) a single benchmark for the whole  
357 renovation project, b) for building elements, or c) based on the relationship between embodied emissions and  
358 operational savings in the project [37]. Benchmark a) for the entire renovation project is commonly used for  
359 new construction, though renovation projects are highly unique due to the different initial conditions and the  
360 variety of scale and functions provided in a renovation project. This makes them difficult to benchmark on  
361 the building level using a single value. An exception to this is building extensions, which are similar to new  
362 construction and contributed significant impacts on several of the cases from the *spatial* category. The  
363 building extensions pose a methodological challenge in terms of what area emissions are allocated to. The  
364 results in this study reflect the new functional equivalent, where emissions are normalized to the floor area  
365 *after* renovation, including both the extension and the existing building. However, if building extensions are  
366 to be benchmarked separately from the existing building, embodied and operational emissions would have to  
367 be allocated to the new area.

368

369 Benchmark values can also be defined on a smaller scale such as the building elements or product scale  
370 (suggestion b), where the function is similar to new construction e.g. emissions per m<sup>2</sup> of wall. The results  
371 showed that some of the elements that contributed the most to embodied GHGe in the renovation projects

372 were from building envelope elements, followed by building services, internal walls, floor decks and  
373 balconies. In the renovation actions, the windows and ground-floor slabs were mainly replaced. They are  
374 therefore entirely new elements, where element benchmarks can be considered similar to new construction,  
375 whereas the renovation measure for roofs and external walls are mainly changes in existing elements,  
376 making it more difficult to set generic benchmarks. One drawback is that benchmarks for building elements  
377 do not give any indication of how the entire project performs.

378

379 A benchmark that considers the relationship between embodied emissions and operational savings in the  
380 renovation project (suggestion c) can be relevant when considering the emissions related to energy  
381 reductions. However, the results of this study showed that a majority of embodied emissions did not come  
382 specifically from energy reductions but contributed to several other new functions in the building. Evaluating  
383 the renovation actions related to *energy reduction* makes it possible to evaluate other individual functions in  
384 renovation projects. Most radically, benchmarks can help limit emissions to functions that are truly  
385 necessary. Deciding what is truly necessary can be based on, e.g. the fulfilment of human needs [60]. For  
386 instance, building expansions can solve an immediate need to provide shelter for people. On the other hand,  
387 they can also be used to expand the living area for the current inhabitants, thus continuing the rise in living  
388 area per person in Denmark [61]. Emissions that consider other functions such as layout can provide for the  
389 social (comfort, aesthetic etc.) and economic sustainability of the building [30], thus future-proofing the  
390 building in relation to, e.g., demolition. Improvements in the indoor climate, daylight, and balconies also  
391 contribute to the well-being of the inhabitants. For emissions related to these functions, it can therefore be  
392 relevant to consider other benchmarks focused on, e.g., human and social needs.

393

#### 394 4.3 Limitations of the study

395 This study was carried out in the Danish context for building renovations, taking a diverse collection of  
396 cases into account. For purposes of generalization, the number of cases is still limited, especially due to the  
397 varied nature of renovation projects and the different building types. However, general trends are visible  
398 across all building types, such as the significance of considering embodied emissions from “other functions”  
399 than energy reduction. The general trends shown for the Danish context of real-life renovations would likely  
400 be similar in other comparable settings: for instance, the larger part of building stock in European countries  
401 with a significant amount of such stock erected in the 1960s and 1970s needing upgrading in several aspects  
402 of their functionality. This could be investigated in future studies of real-life renovations from other  
403 geographical contexts and could examine if this applies to other contexts as well. Further, the significance of  
404 types of building and renovation could be further explored in future studies.

405

406 The results were calculated over a reference study period (RSP) of fifty years, reflecting the current practice  
407 for the Danish context, which uses the same RSP for new construction and renovation. For the calculation, the  
408 required/estimated service life of the renovation projects are assumed to be identical to the RSP. However, this  
409 approach is debatable, as the service life of renovation projects can depend on the condition of the building,  
410 the type of renovation etc. [62].

411

## 412 5 CONCLUSIONS

413 The findings from this study show that, in the renovation cases where before- and after-energy demand  
414 were reported, lifecycle GHGe-savings of around 50% were obtained, reducing operational emissions from

415 13.5 kg CO<sub>2</sub>-eq/m<sup>2</sup>/year to 7.0 kg CO<sub>2</sub>-eq/m<sup>2</sup>/year on average. Despite uncertainties and variations between  
416 the cases, these numbers from the real-life renovation cases suggest, like other studies before them, that  
417 substantial reductions in operational emissions can be achieved in a lifecycle perspective on renovations. The  
418 energy and emissions savings are an important part of fulfilling the goals of the Renovation Wave under the  
419 European Green Deal. However, this study expands the existing knowledge about lifecycle GHGe of  
420 renovations by systematically assessing the building functions that were improved or established in  
421 renovations conducted in Denmark. In the 23 renovation cases examined here, an average of 2.8 kg CO<sub>2</sub>-  
422 eq/m<sup>2</sup>/year is ascribed to the material-related, embodied GHGe. A remarkable 54% of these lifecycle embodied  
423 impacts from the renovation cases are associated with functions that are not related to improving energy  
424 efficiency, but to other aspects such as spatial adjustments, interior layout changes or the establishment of  
425 balconies. Of the 43% embodied GHGe associated with improved energy efficiency, almost a third came from  
426 the renovation of windows and glazing systems, a renovation action that all modelled cases employed. Less  
427 frequent, in only six cases, was the renovation of ground-floor slabs. However, on a per-case basis, this  
428 renovation action was notably emissions-intense, typically representing around 30%-70% of the embodied  
429 GHGe associated with the energy efficiency measures of the cases in question.

430 The growing interest in benchmarking and regulating the lifecycle GHGe from renovations makes it more  
431 important to recognize the multitude of purposes and functions at play within real-life renovations. Literature  
432 has suggested three main approaches to benchmarking renovation projects. These approaches are each  
433 challenged by the complex characteristics of renovations, as indicated by the results of this study:

- 434 1. A single benchmark for the whole building. The results of this study showed that projects varied  
435 significantly in their embodied and operational emissions, even though 21 out of the 23 cases are  
436 considered major renovations following the EPBD definition. This means that it will be very difficult  
437 to find a common benchmarking system to encompass the variation.
- 438 2. Benchmarks on a smaller, material scale, such as the building-element level. This study provides  
439 pointers to the significance of these elements in the building envelope for further exploration. However,  
440 this approach does not take into account the performance of the entire project.
- 441 3. Benchmark of renovations based on their GHGe “savings” from energy reductions. The results of this  
442 study clearly show that renovation projects contribute to a multitude of functions other than energy  
443 reduction. In theory, a system of allocating emissions in accordance with functions, as is done in this  
444 study, could tackle this. However, a such categorization would be difficult to integrate into practice,  
445 due to the high requirements for documentation.

446 Despite large variations across real-life cases of renovation, the study clearly demonstrates the significance of  
447 embodied emissions related to a variety of new functions beyond energy efficiency across the cases. This  
448 knowledge is important for the future benchmarking of renovation projects, in support of the efforts towards  
449 drastic reductions in GHGe from buildings.

450

## 451 AUTHOR CONTRIBUTIONS

452 **Regitze Kjær Zimmermann:** Conceptualization; Data curation; Formal analysis; Investigation;  
453 Methodology; Project administration; Resources; Visualization; Writing - original draft **Freja Nygaard**  
454 **Rasmussen:** Conceptualization; Supervision; Writing - review & editing **Harpa Birgisdóttir:** Supervision;  
455 Writing - review & editing; Funding acquisition



456 **DECLARATION OF COMPETING INTEREST**

457 The authors declare that they have no known competing financial interests or personal relationships that could  
458 have appeared to influence the work reported in this paper.

459 **ACKNOWLEDGEMENTS**

460 The authors would like to thank Alberte Mai Lund, Signe Hedegaard Johnsen and Naja Johansen for their  
461 help with the case buildings.

462

463 **FUNDING**

464 The publication received research funding from Realdania (grant number PRJ-2019-00308)

465

466 **References**

- 467 [1] European Commission, Proposal for a Directive of the European Parliament and of the Council on the energy  
468 performance of buildings (recast), Off. J. Eur. Union. 0426 (2021) 10–27. [https://eur-lex.europa.eu/legal-](https://eur-lex.europa.eu/legal-content/EN/TXT/?uri=CELEX%3A52021PC0802&qid=1641802763889)  
469 [content/EN/TXT/?uri=CELEX%3A52021PC0802&qid=1641802763889](https://eur-lex.europa.eu/legal-content/EN/TXT/?uri=CELEX%3A52021PC0802&qid=1641802763889).
- 470 [2] European Commission, Renovation Wave for Europe - greening our buildings, creating jobs, improving lives,  
471 Off. J. Eur. Union. (2020) 26. [https://eur-lex.europa.eu/legal-](https://eur-lex.europa.eu/legal-content/EN/TXT/?qid=1603122220757&uri=CELEX:52020DC0662)  
472 [content/EN/TXT/?qid=1603122220757&uri=CELEX:52020DC0662](https://eur-lex.europa.eu/legal-content/EN/TXT/?qid=1603122220757&uri=CELEX:52020DC0662).
- 473 [3] European Commission, European Green Deal, 2019. [https://ec.europa.eu/info/strategy/priorities-2019-](https://ec.europa.eu/info/strategy/priorities-2019-2024/european-green-deal_en#documents)  
474 [2024/european-green-deal\\_en#documents](https://ec.europa.eu/info/strategy/priorities-2019-2024/european-green-deal_en#documents).
- 475 [4] European Commission, European Climate Law, 2021. [https://eur-lex.europa.eu/legal-](https://eur-lex.europa.eu/legal-content/EN/TXT/?uri=CELEX:32021R1119)  
476 [content/EN/TXT/?uri=CELEX:32021R1119](https://eur-lex.europa.eu/legal-content/EN/TXT/?uri=CELEX:32021R1119).
- 477 [5] CEN, EN 15978: Sustainability of construction works - Assessment of environmental performance of buildings  
478 - Calculation method, 2012. [https://www.en-standard.eu/din-en-15978-sustainability-of-construction-works-](https://www.en-standard.eu/din-en-15978-sustainability-of-construction-works-assessment-of-environmental-performance-of-buildings-calculation-method/)  
479 [assessment-of-environmental-performance-of-buildings-calculation-method/](https://www.en-standard.eu/din-en-15978-sustainability-of-construction-works-assessment-of-environmental-performance-of-buildings-calculation-method/).
- 480 [6] O. Fahlstedt, A. Temeljotov-Salaj, J. Lohne, R.A. Bohne, Holistic assessment of carbon abatement strategies in  
481 building refurbishment literature — A scoping review, *Renew. Sustain. Energy Rev.* 167 (2022) 112636.  
482 <https://doi.org/10.1016/j.rser.2022.112636>.
- 483 [7] A. Vilches, A. Garcia-Martinez, B. Sanchez-Montañes, Life cycle assessment (LCA) of building refurbishment:  
484 A literature review, *Energy Build.* 135 (2017) 286–301. <https://doi.org/10.1016/j.enbuild.2016.11.042>.
- 485 [8] G. Bin, P. Parker, Measuring buildings for sustainability: Comparing the initial and retrofit ecological footprint  
486 of a century home - The REEP House, *Appl. Energy.* 93 (2012) 24–32.  
487 <https://doi.org/10.1016/j.apenergy.2011.05.055>.
- 488 [9] O. Pombo, K. Allacker, B. Rivela, J. Neila, Sustainability assessment of energy saving measures: A multi-  
489 criteria approach for residential buildings retrofitting - A case study of the Spanish housing stock, *Energy Build.*  
490 116 (2016) 384–394. <https://doi.org/10.1016/j.enbuild.2016.01.019>.
- 491 [10] B. Wrålsen, R. O’Born, C. Skaar, Life cycle assessment of an ambitious renovation of a Norwegian apartment  
492 building to nZEB standard, *Energy Build.* 177 (2018) 197–206. <https://doi.org/10.1016/j.enbuild.2018.07.036>.



- 493 [11] M. Österbring, É. Mata, L. Thuvander, H. Wallbaum, Explorative life-cycle assessment of renovating existing  
494 urban housing-stocks, *Build. Environ.* 165 (2019) 106391. <https://doi.org/10.1016/j.buildenv.2019.106391>.
- 495 [12] S. Seo, G. Foliente, Carbon footprint reduction through residential building stock retrofit: A metro melbourne  
496 suburb case study, *Energies*. 14 (2021). <https://doi.org/10.3390/en14206550>.
- 497 [13] N. Mirabella, M. Röck, M.R.M. Saade, C. Spirinckx, M. Bosmans, K. Allacker, A. Passer, Strategies to  
498 improve the energy performance of buildings: A review of their life cycle impact, *Buildings*. 8 (2018) 1–18.  
499 <https://doi.org/10.3390/buildings8080105>.
- 500 [14] F. Montana, K. Kanafani, K.B. Wittchen, H. Birgisdottir, S. Longo, M. Cellura, E.R. Sanseverino, Multi-  
501 objective optimization of building life cycle performance. A housing renovation case study in Northern Europe,  
502 *Sustainability*. 12 (2020). <https://doi.org/10.3390/SU12187807>.
- 503 [15] C. Favi, I. Meo, E. Di Giuseppe, M. Iannaccone, M. D’Orazio, M. Germani, Towards a probabilistic approach  
504 in LCA of building retrofit measures, *Energy Procedia*. 134 (2017) 394–403.  
505 <https://doi.org/10.1016/j.egypro.2017.09.584>.
- 506 [16] B. Nicolae, B. George-Vlad, Life cycle analysis in refurbishment of the buildings as intervention practices in  
507 energy saving, *Energy Build.* 86 (2015) 74–85. <https://doi.org/https://doi.org/10.1016/j.enbuild.2014.10.021>.
- 508 [17] S. Tadeu, C. Rodrigues, A. Tadeu, F. Freire, N. Simões, Energy retrofit of historic buildings: Environmental  
509 assessment of cost-optimal solutions, *J. Build. Eng.* 4 (2015) 167–176.  
510 <https://doi.org/10.1016/j.jobbe.2015.09.009>.
- 511 [18] H. Zhang, K. Hewage, T. Prabatha, R. Sadiq, Life cycle thinking-based energy retrofits evaluation framework  
512 for Canadian residences: A Pareto optimization approach, *Build. Environ.* 204 (2021) 108115.  
513 <https://doi.org/10.1016/j.buildenv.2021.108115>.
- 514 [19] A. Galimshina, M. Moustapha, A. Hollberg, P. Padey, S. Lasvaux, B. Sudret, G. Habert, What is the optimal  
515 robust environmental and cost-effective solution for building renovation? Not the usual one, *Energy Build.* 251  
516 (2021) 111329. <https://doi.org/https://doi.org/10.1016/j.enbuild.2021.111329>.
- 517 [20] E. Verellen, K. Allacker, Life cycle assessment of clustered buildings with a similar renovation potential, *Int. J.*  
518 *Life Cycle Assess.* 27 (2022) 1127–1144. <https://doi.org/10.1007/s11367-022-02095-0>.
- 519 [21] X. Yang, M. Hu, C. Zhang, B. Steubing, Key strategies for decarbonizing the residential building stock: Results  
520 from a spatiotemporal model for Leiden, the Netherlands, *Resour. Conserv. Recycl.* 184 (2022) 106388.  
521 <https://doi.org/10.1016/j.resconrec.2022.106388>.
- 522 [22] N. Cihan Kayacetin, A. Versele, A Circular and Bio-based Renovation Strategy for Low-income  
523 Neighbourhoods, *IOP Conf. Ser. Earth Environ. Sci.* 1078 (2022). <https://doi.org/10.1088/1755-1315/1078/1/012080>.
- 525 [23] K. Kertsmik, K. Kuusk, K. Lylykangas, T. Kalamees, Evaluation of renovation strategies: cost-optimal, CO<sub>2</sub>e  
526 optimal, or total energy optimal, or total energy optimal, *Energy Build.* 287 (2023) 112995.  
527 <https://doi.org/10.1016/j.enbuild.2023.112995>.
- 528 [24] A. Lupíšek, T. Trubačík, P. Holub, Czech building stock: Renovation wave scenarios and potential for CO<sub>2</sub>  
529 savings until 2050, *Energies*. 14 (2021). <https://doi.org/10.3390/en14092455>.
- 530 [25] D.A. Pohoryles, C. Maduta, D.A. Bournas, L.A. Kouris, Energy performance of existing residential buildings in  
531 Europe: A novel approach combining energy with seismic retrofitting, *Energy Build.* 223 (2020) 110024.  
532 <https://doi.org/10.1016/j.enbuild.2020.110024>.
- 533 [26] K.N. Streicher, M. Berger, E. Panos, K. Narula, M.C. Soini, M.K. Patel, Optimal building retrofit pathways  
534 considering stock dynamics and climate change impacts, *Energy Policy*. 152 (2021) 112220.

- 535 <https://doi.org/10.1016/j.enpol.2021.112220>.
- 536 [27] F. Pittau, G. Habert, G. Iannaccone, A Life-Cycle Approach to Building Energy Retrofitting: Bio-Based  
537 Technologies for Sustainable Urban Regeneration, *IOP Conf. Ser. Earth Environ. Sci.* 290 (2019).  
538 <https://doi.org/10.1088/1755-1315/290/1/012057>.
- 539 [28] N. Galiotto, P. Heiselberg, M.-A. Knudstrup, Integrated Renovation Process: Overcoming Barriers to  
540 Sustainable Renovation, *J. Archit. Eng.* 22 (2016) 1–12. [https://doi.org/10.1061/\(asce\)ae.1943-5568.0000180](https://doi.org/10.1061/(asce)ae.1943-5568.0000180).
- 541 [29] P.A. Jensen, E. Maslesa, J.B. Berg, Sustainable building renovation: Proposals for a research agenda, *Sustain.*  
542 10 (2018). <https://doi.org/10.3390/su10124677>.
- 543 [30] S. Shahi, M. Esnaashary Esfahani, C. Bachmann, C. Haas, A definition framework for building adaptation  
544 projects, *Sustain. Cities Soc.* 63 (2020) 102345. <https://doi.org/10.1016/j.scs.2020.102345>.
- 545 [31] A. Ghose, S.J. McLaren, D. Dowdell, R. Phipps, Environmental assessment of deep energy refurbishment for  
546 energy efficiency-case study of an office building in New Zealand, *Build. Environ.* 117 (2017) 274–287.  
547 <https://doi.org/10.1016/j.buildenv.2017.03.012>.
- 548 [32] V. Hasik, E. Escott, R. Bates, S. Carlisle, B. Faircloth, M.M. Bilec, Comparative whole-building life cycle  
549 assessment of renovation and new construction, *Build. Environ.* 161 (2019) 106218.  
550 <https://doi.org/10.1016/j.buildenv.2019.106218>.
- 551 [33] BPIE (Building Performance Institute Europe), Roadmap To Climate-Proof Buildings and Construction - How  
552 To Embed Whole-Life Carbon in the Epcb, 2022. [https://www.bpie.eu/publication/roadmap-to-climate-proof-](https://www.bpie.eu/publication/roadmap-to-climate-proof-buildings-and-construction-)  
553 [buildings-and-construction-](https://www.bpie.eu/publication/roadmap-to-climate-proof-buildings-and-construction-).
- 554 [34] OneClickLCA, Construction Carbon Regulations In Europe, 2022. [https://www.oneclicklca.com/construction-](https://www.oneclicklca.com/construction-carbon-regulations-in-europe/)  
555 [carbon-regulations-in-europe/](https://www.oneclicklca.com/construction-carbon-regulations-in-europe/).
- 556 [35] ISO, ISO 21678:2020 Sustainability in buildings and civil engineering works – Indicators and benchmarks –  
557 Principles, requirements and guidelines, 2021. <https://www.iso.org/standard/71344.html>.
- 558 [36] T. Lützkendorf, M. Balouktsi, Benchmarking and target-setting for the life cycle-based environmental  
559 performance of buildings, 2023. [https://annex72.iea-](https://annex72.iea-ebc.org/Data/publications/EBC_Annex_72_Benchmarking_for_Environmental_Performance_of_Buildings_2023.pdf)  
560 [ebc.org/Data/publications/EBC\\_Annex\\_72\\_Benchmarking\\_for](https://annex72.iea-ebc.org/Data/publications/EBC_Annex_72_Benchmarking_for_Environmental_Performance_of_Buildings_2023.pdf)  
561 [Environmental\\_Performance\\_of\\_Buildings\\_2023.pdf](https://annex72.iea-ebc.org/Data/publications/EBC_Annex_72_Benchmarking_for_Environmental_Performance_of_Buildings_2023.pdf).
- 562 [37] A. Lund, R. Zimmermann, J. Kragh, J. Rose, S. Aggerholm, H. Birgisdóttir, Klimapåvirkning fra renovering:  
563 Muligheder for udformning af grænseværdier til LCA for renovering, 2022.  
564 [https://vbn.aau.dk/en/publications/klimapåvirkning-fra-renovering-muligheder-for-udformning-af-graens](https://vbn.aau.dk/en/publications/klimapavirkning-fra-renovering-muligheder-for-udformning-af-graens).
- 565 [38] B. Flyvbjerg, Five Misunderstandings About Case-Study Research, *Qual. Res. Pract.* (2011) 390–404.  
566 <https://doi.org/10.4135/9781848608191.d33>.
- 567 [39] Rådet for bæredygtigt byggeri, DGNB, (2023). <https://rfbb.dk/dgnb-certificering> (accessed June 30, 2023).
- 568 [40] R.K. Zimmermann, F.N. Rasmussen, K. Kanafani, L.C. Malabi Eberhardt, H. Birgisdóttir, Reviewing allocation  
569 approaches and modelling in LCA for building refurbishment, *IOP Conf. Ser. Earth Environ. Sci.* 1078 (2022).  
570 <https://doi.org/10.1088/1755-1315/1078/1/012095>.
- 571 [41] K. Haugbølle, V. Mahdi, M. Morelli, H. Wahedi, BUILD Levetidstabel, Copenhagen, 2021.  
572 <https://build.dk/Pages/BUILD-levetidstabel.aspx>.
- 573 [42] S. Butera, A.A.W. Karl, T.F. Astrup, C. Collin, N.L. Rasmussen, J.R. Nielsen, L.H.H. Sørensen, Klimavenligt  
574 byggeri og LCA - Analyse af udvalgte landes tilgange til klimavenligt byggeri, LCA og samfundsøkonomi,  
575 2021. <https://www.lifecyclecenter.se/wp-content/uploads/Analysis-of-other-countries-approach-to-building->

- 576 LCA.pdf.
- 577 [43] Danish housing and planning authority, Danish Building Regulations, (2023). <https://bygningsreglementet.dk/>  
578 (accessed February 28, 2023).
- 579 [44] F.N. Rasmussen, H. Birgisdóttir, Development of the LCAByg tool: influence of user requirements and context,  
580 in: C. ZEBAU – Centre for Energy Architecture and the Environment GmbH (Ed.), 2016.  
581 <https://doi.org/10.5445/IR/1000051699>.
- 582 [45] K. Kanafani, R.K. Zimmermann, F.N. Rasmussen, H. Birgisdóttir, Learnings from developing a context-  
583 specific LCA tool for buildings—the case of lcabyg 4, *Sustain.* 13 (2021) 1–23.  
584 <https://doi.org/10.3390/su13031508>.
- 585 [46] R.K. Zimmermann, K. Kanafani, F. Nygaard Rasmussen, H. Birgisdóttir, Early Design Stage Building LCA  
586 using the LCAByg tool: Comparing Cases for Early Stage and Detailed LCA Approaches, *IOP Conf. Ser. Earth  
587 Environ. Sci.* 323 (2019). <https://doi.org/10.1088/1755-1315/323/1/012118>.
- 588 [47] K. Kanafani, R.K. Zimmermann, F.N. Rasmussen, H. Birgisdóttir, Early Design Stage Building LCA using The  
589 LCAByg Tool: New Strategies For Bridging The Data Gap, *IOP Conf. Ser. Earth Environ. Sci.* 323 (2019).  
590 <https://doi.org/10.1088/1755-1315/323/1/012117>.
- 591 [48] Ökobaudat, Ökobaudat, (2023). <https://www.oekobaudat.de/> (accessed June 7, 2023).
- 592 [49] CEN, EN 15804+A1 Sustainability of construction works – Environmental product declarations – Core rules for  
593 the product category of construction products, 2012. [https://webshop.ds.dk/en/standard/M254454/ds-en-15804-  
594 2012](https://webshop.ds.dk/en/standard/M254454/ds-en-15804-2012).
- 595 [50] The Danish building code, Emissions from electricity, district heating, and natural gas, (2023).  
596 [https://bygningsreglementet.dk/Bilag/B2/Bilag\\_2/Tabel\\_8#1f165e42-7a97-45dd-9f4d-5b6373522e23](https://bygningsreglementet.dk/Bilag/B2/Bilag_2/Tabel_8#1f165e42-7a97-45dd-9f4d-5b6373522e23) (accessed  
597 June 7, 2023).
- 598 [51] COWI, Opdaterede emissionsfaktorer for el og fjernvarme, 2020.  
599 <https://bpst.dk/da/Byggeri/Lister/Publikationsliste?theme=Indeklima>.
- 600 [52] X. Su, Z. Luo, Y. Li, C. Huang, Life cycle inventory comparison of different building insulation materials and  
601 uncertainty analysis, *J. Clean. Prod.* 112 (2016) 275–281. <https://doi.org/10.1016/j.jclepro.2015.08.113>.
- 602 [53] J. Sierra-Pérez, J. Boschmonart-Rives, X. Gabarrell, Environmental assessment of façade-building systems and  
603 thermal insulation materials for different climatic conditions, *J. Clean. Prod.* 113 (2016) 102–113.  
604 <https://doi.org/10.1016/j.jclepro.2015.11.090>.
- 605 [54] M. Braulio-Gonzalo, M.D. Bovea, Environmental and cost performance of building’s envelope insulation  
606 materials to reduce energy demand: Thickness optimisation, *Energy Build.* 150 (2017) 527–545.  
607 <https://doi.org/10.1016/j.enbuild.2017.06.005>.
- 608 [55] H. Huang, Y. Zhou, R. Huang, H. Wu, Y. Sun, G. Huang, T. Xu, Optimum insulation thicknesses and energy  
609 conservation of building thermal insulation materials in Chinese zone of humid subtropical climate, *Sustain.  
610 Cities Soc.* 52 (2020) 101840. <https://doi.org/10.1016/j.scs.2019.101840>.
- 611 [56] J. Carreras, D. Boer, G. Guillén-Gosálbez, L.F. Cabeza, M. Medrano, L. Jiménez, Multi-objective optimization  
612 of thermal modelled cubicles considering the total cost and life cycle environmental impact, *Energy Build.* 88  
613 (2015) 335–346. <https://doi.org/10.1016/j.enbuild.2014.12.007>.
- 614 [57] R. Sacchi, T. Terlouw, K. Siala, A. Dirnmaier, C. Bauer, B. Cox, C. Mutel, V. Daioglou, G. Luderer,  
615 PRospective EnvironMental Impact asSEment (premise): A streamlined approach to producing databases for  
616 prospective life cycle assessment using integrated assessment models, *Renew. Sustain. Energy Rev.* 160 (2022)  
617 112311. <https://doi.org/https://doi.org/10.1016/j.rser.2022.112311>.

- 618 [58] R.K. Zimmermann, Z. Barjot, F.N. Rasmussen, T. Malmqvist, M. Kuittinen, H. Birgisdottir, GHG emissions  
619 from building renovation versus new-build : incentives from assessment methods, *Build. Cities*. 4 (2023) 274–  
620 291. <https://doi.org/10.5334/bc.325>.
- 621 [59] UN, The Paris Agreement, (2023). <https://unfccc.int/process-and-meetings/the-paris-agreement>.
- 622 [60] M. Heide, M.Z. Hauschild, M. Ryberg, Reflecting the importance of human needs fulfilment in absolute  
623 sustainability assessments: Development of a sharing principle, *J. Ind. Ecol.* 27 (2023) 1151–1164.  
624 <https://doi.org/https://doi.org/10.1111/jiec.13405>.
- 625 [61] Statistics Denmark, Housing, (2023). <https://www.dst.dk/en/Statistik/emner/borgere/boligforhold> (accessed July  
626 29, 2023).
- 627 [62] Y. Decorte, N. Van Den Bossche, M. Steeman, Guidelines for defining the reference study period and system  
628 boundaries in comparative LCA of building renovation and reconstruction, *Int. J. Life Cycle Assess.* (2022).  
629 <https://doi.org/10.1007/s11367-022-02114-0>.

630

631

632

633 **AUTHOR CONTRIBUTIONS**

634 **Regitze Kjær Zimmermann:** Conceptualization; Data curation; Formal analysis; Investigation;  
635 Methodology; Project administration; Resources; Visualization; Writing - original draft **Freja Nygaard**  
636 **Rasmussen:** Conceptualization; Supervision; Writing - review & editing **Harpa Birgisdóttir:** Supervision;  
637 Writing - review & editing; Funding acquisition

638

639

640 **Declaration of interests**

641

642  The authors declare that they have no known competing financial interests or personal relationships that  
643 could have appeared to influence the work reported in this paper.

644

645  The authors declare the following financial interests/personal relationships which may be considered as  
646 potential competing interests:

647

648

649

650

651

652

653

654 **HIGHLIGHTS**

- 655 • Investigation of lifecycle-based GHG emissions from changed functions in 23 real-life renovation  
656 cases, with the Danish context as an example.
- 657 • Energy efficiency actions in renovation produced significant operational savings between 20% and  
658 65%.
- 659 • Of the embodied impacts from renovation cases, 54% are associated with other functions than energy  
660 efficiency, such as spatial adjustments, changes in interior layout, or the construction of balconies.
- 661 • The multitude of purposes and functions in play in renovation projects is difficult to incorporate in  
662 existing benchmark approaches, however, benchmarks on a smaller scale such as building elements  
663 can be further explored.
- 664 • The building elements that contribute the most to embodied greenhouse gas emissions are building  
665 envelope and building services.
- 666
- 667